

FailSafe ***Personal Protection***

an Anti-Crash Course 😊



Behavioral Based Confrontation Management

FailSafe Clinic – Tom Arcuri



Acceptance Vs. Denial

What's the deal, what are the risks and benefits?

- What is real and realistic re: my risks and managing confrontations?
- How does media and backgrounds color our truth?
- Who's is regularly in confrontations out there and why?

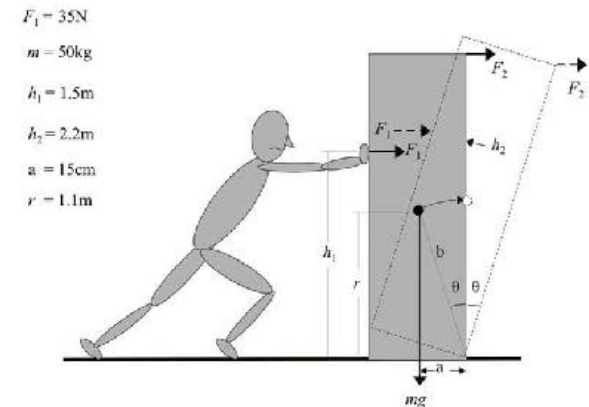
Where's the Easy Button?

- How are we supposed to manage this and not be paranoid, and scared? Let alone have some fun today?



The Behavioral Approach

- A **proactive**, holistic approach to confrontation management that capitalizes on our **built-in survival responses**.
- Understanding these **universal involuntary protective responses** are key to making decisions under stress and managing the scenario.



Attitude is Everything

- **What does the aggressor control in the confrontation?**
- **Location, Initiation, Duration, Violence... ..Everything except our ATTITUDE**
- **Attitude** is a total alignment of your entire physical, psychological, and emotional being to a specific purpose.
- **Attitudes** can be negative or positive and can be transitory, and changeable within in an engagement .



THE NINE ATTITUDES OF CONFRONTATIONS

- Non or Pre-Engaged Attitudes
 - Relaxed
 - Alert
 - Prevent
- Engaged Attitudes
 - Survive
 - Reverse
 - Engage
- Resolution Attitudes
 - Escape
 - Harm*
 - Control
 - Appropriateness & Articulation



Understand the Bad Guy to Manage The Confrontation Successfully

- How do confrontations Initiate?
- What's Probable vs Possible?
- Pre-Incident Indicators.
- Appropriateness for the environment.



**We want to focus on tactics & strategies that are:
Effective / Efficient / Reliable
under stress**



Basic Profile of Bad Guys

- *Expect The Best By Preparing For The Worst.....*
- **What are the bad guy's motivations?**
 - Goals and Fears?
 - Motivations



Scenarios to Look For

- To and from your car.
- Arriving, leaving the house.
- New Relationships
- Sales, solicitations at home and phone.
- Panhandling.
- Weather Considerations.
- Dress Considerations.



Tactics

- Body Language
- Observe & ID the scenario
- Active Listening strategy
- Assertive Tactic strategy
- Humor strategy
- Agreement strategy
- Disengage strategy
- Pattern Interrupt strategy



Step 5 – Psychological / Emotional Considerations - FEAR

- Fear is always present.
- Not understanding it, and managing our response to it, negatively affects our choices before, during and after the scenario.



Intelligent Behaviorally Based Training is the Most Efficient Tool for Managing Fear

“Every time you win, it diminishes the fear a little bit.... You never really cancel the fear of losing; you keep challenging it.”

- Arthur Ashe



Confrontation Management Mindset

- **Threatened or Challenged**

"Trying to win is not the same as trying not to lose."

- Intuition
- Indignation on demand? How?
- Decisiveness

- **Awareness + Acceptance + Attitude + Analysis = Action**



Thank you for your support and effort today. Please contact us if you or someone you know can benefit from our services.



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