

Sarah Sterling



Sarah Sterling (she/her) was born and raised in Stittville, NY, about a fifteen minute walk from nine mile creek.

She is now a working artist in NYC.

Sarah received her BA in theatre at SUNY Oswego, graduated from the Severn Darden Graduate Program at the Second City in Chicago and is currently an MFA candidate at Sarah Lawrence College. In 2016, Sarah performed her first solo show “Sterling Like the Silver” at the Lincoln Loft and then at the Second City’s Beat Lounge.

In 2017, Sarah performed with Second City aboard the Norwegian Gem. She has performed comedy at the Second City, i.O., Comedy Sportz, The Laugh Factory and the Annoyance Theatre.

Most recently, Sarah directed “Baby Blue: A Pop Princess Play” written by Amanda Card, had a staged reading of her newest play, “fragments” at Sarah Lawrence College and wrote and performed in her second solo show, “You’re Invited,” which explores a millennial overwhelmed during a pandemic, beginning to understand the more important things in life.